

PSALM 23

Psalm 23 | Week 2

February 25th, 2024 // Sarah Athearn

DISCUSSION QUESTIONS

1. When was the last time you experienced true rest? What were the circumstances?
2. Re-read **Psalm 23**. What picture does the Psalm paint for us of how the Lord helps us experience rest?
3. What is the difference between worldly rest and true soul rest?
4. This week we talked about how we experience true rest when we keep our eyes on who Jesus is, who Jesus says we are, and on his promises for us. Why do you think keeping our eyes on Him helps us rest?
5. In your own life, do you need to focus more on who Jesus is, who He says you are, or on his promises? Why do you think that is?
6. What do you think it actually looks like to keep our eyes on Jesus in our daily life?

COMMIT TO MEMORY:

He makes me lie down in green pastures, he leads me beside still waters, he refreshes my soul. **Psalm 23:2**

PRAYER:

Share prayer requests and pray for one another. Remind each other to read/follow along the daily devotions during Lent **ON THE NEW CPC APP** from Psalm 23.